The centre has been launched by the Food Safety and Standards Authority of India (FSSAI) in partnership with Centre for Public Systems Management (CPSM) - LBSNAA with the objective to inculcate in IAS officers, the competence to think and act in a holistic manner and promote policies and actions on food that are healthy for people.

On July 8, 2019, Shri. Pawan Agarwal led an insightful panel discussion on ‘Eat Right India’ campaign to promote safe and healthy food, thereby improving the health and well-being of citizens. In an informative and interactive session, the various aspects of eating the right food was explained by the speakers to the 90 IAS officers of phase III Mid-Career Training Programme.

PANEL KEYPOINTS

Shri. Pawan Agarwal, IAS, CEO, FSSAI

Unsafe food and poor diets have huge social & economic costs in India, shifting towards eating safe and healthy diet can save 28 billion USD of economy i.e. 0.5% of GDP.

Ms. Madhavi Das, Executive Director, FSSAI

As an administrator, be a change leader for the community; drive impact at the grassroots level to improve the public health.

Dr. Deepika Anand, Technical Expert, World Bank (NetProFan)

Network of professionals are willing to voluntarily participate to support the national efforts in improving food and nutrition by reaching out to the community and spreading the message of eating right. The district and state administration should utilize this network for promoting eat right campaign.

Dr. Shikha Sharma, Nutritionist

Don’t underestimate food; it is the most powerful thing on earth. Incorporate superfoods such as Amla, Tulsi and Spirulina in your daily life to boost your health and improve vitality.

Ms. P. Amudha, IAS, Former Commissioner of Food Safety

At the state level, the Food Safety Department is primarily responsible for ensuring food is safe, wholesome, correctly labelled & packaged as per standards prescribed by FSSAI.